

MID MORNING BREAK

CONNECT



Refuelling you between breakfast...

Monday	Tuesday	Wednesday	Thursday	Friday
Toast 40p	Toast 40p	Toast 40p	Toast 40p	Toast 40p
Hash Brown Bites £1.25	Hash Brown Bites £1.25	Hash Brown Bites £1.25	Hash Brown Bites £1.25	Hash Brown Bites £1.25
Waffle & Syrup £1.15	Classic Cinnamon Swirl £1.10	Waffle & Syrup £1.15	Classic Cinnamon Swirl £1.10	Beans On Toast £1.00
Sausage Bap £1.80	Sausage Bap £1.80	Sausage Bap £1.80	Sausage Bap £1.80	Sausage Bap £1.80
½ Pizza Bagel £1.20	½ Pizza Bagel £1.20	½ Pizza Bagel £1.20	½ Pizza Bagel £1.20	½ Pizza Bagel £1.20
Homemade Sausage Roll £1.75	Homemade Sausage Roll £1.75	Homemade Sausage Roll £1.75	Homemade Sausage Roll £1.75	Homemade Sausage Roll £1.75

Fresh Fruit Wedges, Daily Yoghurt Pots Topped with Fruit Toppings



...and your lunchtime destination!

DELI KITCHEN



Mid Morning Break

Potato Wedges	£1.20	Sausage Bap	£1.80
Hash Brown Bites	£1.25	Sausage Roll	£1.75
1/2 Pizza Bagel	£1.20	Homemade Sausage Roll	£1.75
Cinnamon Swirl	£1.10	Chicken Wings	£2.00
1/2 Pizza Panini	£1.20	Beans on Toast Pot	£1.00
Buttered Toast	£0.40	Waffle & Syrup	£1.15
1/2 Toasted T- Cake	£0.75	Croissant	£1.50
Pancakes & syrup	£1.10	Popcorn	£1.10
Pain au Choc	£1.37		

Deli Kitchen Hot

Pizza Slice	£1.75
Hot Wraps	£2.70
Plain Pasta	£1.35
Pasta and Sauce	£2.10
Pasta/Sauce/Cheese	£2.70
Plain Jacket	£1.26
Plus one filling	£1.95
Additional filing	£0.75
Panini Selection	£2.70

Drinks

Water 500ml	£1.00
Radnor Bottle 330ml	£1.05
Aqua Splash	£1.20
Flavoured Milk 200ml	£1.10
Blue Mountain Sush	£1.05

Homebakes

Flapjack	£1.05
Shortbread	£1.05
Cookies	£1.05
Cornflake buns	£1.05
Cupcakes from	£1.05

Deli Kitchen Cold

Just Sandwiches	£2.20
Deli Baguettes	£2.70
Tuna Pasta Pots	£1.65
Cheese Pasta pot	£1.65
Protein Salad	£2.70
Fruit Pots	£1.00
Jelly Pots	£1.00
Fruit	£0.70

Main Meal

Main Course	£2.70
Chicken Wings Main	£2.70

Meal Deals

Main Course Water or Pudding	£2.80
Pasta Dishes Water or Home Bake	£2.80
Sandwiches Water or Home Bake	£2.80
Panini Water or Home Bake	£2.80
Jacket +1 filling Water or Home Bake	£2.80
Deli Dishes Water or Home Bake	£2.80

DELI KITCHEN



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pizza Selection £1.75	Pizza Selection £1.75	Pizza Selection £1.75	Pizza Selection £1.75	Pizza Selection £1.75
Chicken Tikka Wrap £2.70	Chicken Burger in a Bap £2.70	Tandoori Chicken Folded Naan £2.70	Beef Burger in a Bap £2.70	Chicken Nuggets with Chips £2.70
Jacket Potato £1.26	Jacket Potato £1.26	Jacket Potato £1.26	Jacket Potato £1.26	Jacket Potato £1.26
Fillings from 75p	Fillings from 75p	Fillings from 75p	Fillings from 75p	Fillings from 75p
Panini Selection £2.70	Panini Selection £2.70	Panini Selection £2.70	Panini Selection £2.70	Panini Selection £2.70
Pasta	Pasta	Pasta	Pasta	Pasta
Herby Tomato	Herby Tomato	Herby Tomato	Herby Tomato	Herby Tomato

Pasta Plain £1.35, With Sauces £2.10, Sauce and Cheese £2.70

MEAL DEAL

ONLY
£2.80

OR YOUR
FSM ALLOWANCE

One of these



Main Meal
OF THE DAY



Jacket Potato
WITH ONE FILLING



Topped Pasta
WITH ONE TOPPING



Just Sandwich

And one of these



Dessert
OF THE DAY



Homebake



Piece of Fruit



Plain Water

STREATERIES

Hot Drinks Available

Cappuccino	£1.50
Latte	£1.50
Americano	£1.50
Hot Chocolate	£1.50

STREATERIES



EXCITING MEAL OPTIONS FOR JUST £2.80 OR FREE SCHOOL MEAL PRICE!

At Aspens, we're all about offering **GREAT VALUE** and a **GREAT CHOICE** for students. Here's what you can get for **just £2.80** or your **FSM ALLOWANCE**:

ONE of these

HEARTY MAIN MEAL OF THE DAY

Choose from a meat or veggie option.

TOPPED PASTA

Customise with 1 delicious topping.

FILLED JACKET POTATO

With your choice of 1 filling.

SANDWICH

Perfect for a grab-and-go lunch with a range of fillings.

PLUS, PICK ONE:

DESSERT OF THE DAY

For a Sweet Treat.

HOMEMADE

FRESH WHOLE FRUIT

BOTTLE OF WATER

FRUIT SLUSH

To stay hydrated.

With such a variety of options,

**YOU'LL ALWAYS
FIND SOMETHING TO
ENJOY!**

